



Announcing a **NEW** Employee Assistance Program for LEAP Academy University School employees

Beginning **September 1, 2018**, the Employee Assistance Program (EAP), through Aetna, is available to all LEAP Academy University active employees and their household members, including adult children up to age 26 - even if they are not living at home.

The following free and confidential services through Aetna are available to LEAP employees

Counseling & relationship support

Unlimited telephonic consultations with referrals and referral services plus up to 10 face-to-face counseling sessions per issue per year, for an unlimited number of issues.

myStrength

A unique online emotional wellness portal that can assist you with mild or moderate depression and anxiety. The program offers practical ways to improve emotional and overall well-being through eLearning programs, simple tools, trusted resources and daily motivation.

Legal Services

Members have unlimited telephonic consultations with legal professionals or an initial 30-minute face-to-face consultations with in-state legal professionals. If the member retains the legal professional, an additional 25 percent discount is provided.

Financial Services

Members may access financial forms and templates online, as well as unlimited telephonic consultations with financial professionals.

How to contact your EAP for 24/7 support:

Phone: 888.238.6232

Online: www.resourcesforliving.com

- **Username:** LEAP
- **Password:** EAP

